

Lulu Learns

how to protect herself from COVID-19



THE
LUTHERAN
WORLD
FEDERATION

World Service

actalliance



UNHCR

The UN
Refugee Agency



“We hope that this book will
reach children in refugee
camps and give them hope
for a future”



The LWF Kenya-Djibouti-Somalia program was founded by the Lutheran World Federation (LWF). This global communion seeks to put our faith into action by serving those in need and advocating for a more just, peaceful, and a reconciled world. LWF has worked in Kakuma Refugee Camp since 1992, in Dadaab since 2008, Djibouti since 2009, and in Somalia since 2017.

COVID-19 has hit all of us, some more than others. With the continuous development and awareness creation of COVID-19 related information. LWF identified a gap in information sharing, especially for children in the camp. LULU LEARNS is a child-friendly storybook developed to answer children's questions about COVID-19. The book explains to children what the virus is, how it spreads, and what can be done during the pandemic.

Copyright © July 2020 LWF Kenya Djibouti Somalia

Author: Pauline Kwamboka Omagwa
Original Sketches: Tsegaye Kuba
Illustrations and Design: Pauline Kwamboka Omagwa

Contributions: Darius Lojore, Elizabeth Wanjiku, George Okello, Japhet Yegon, Joseph Mutamba, Hassan Ngeri, Moses Mukhwana, Moshi Wabawa, Nancy Tabot, Paskwal Lino, Roseline Nthenge, Robert Elima & Samuel Otieno.

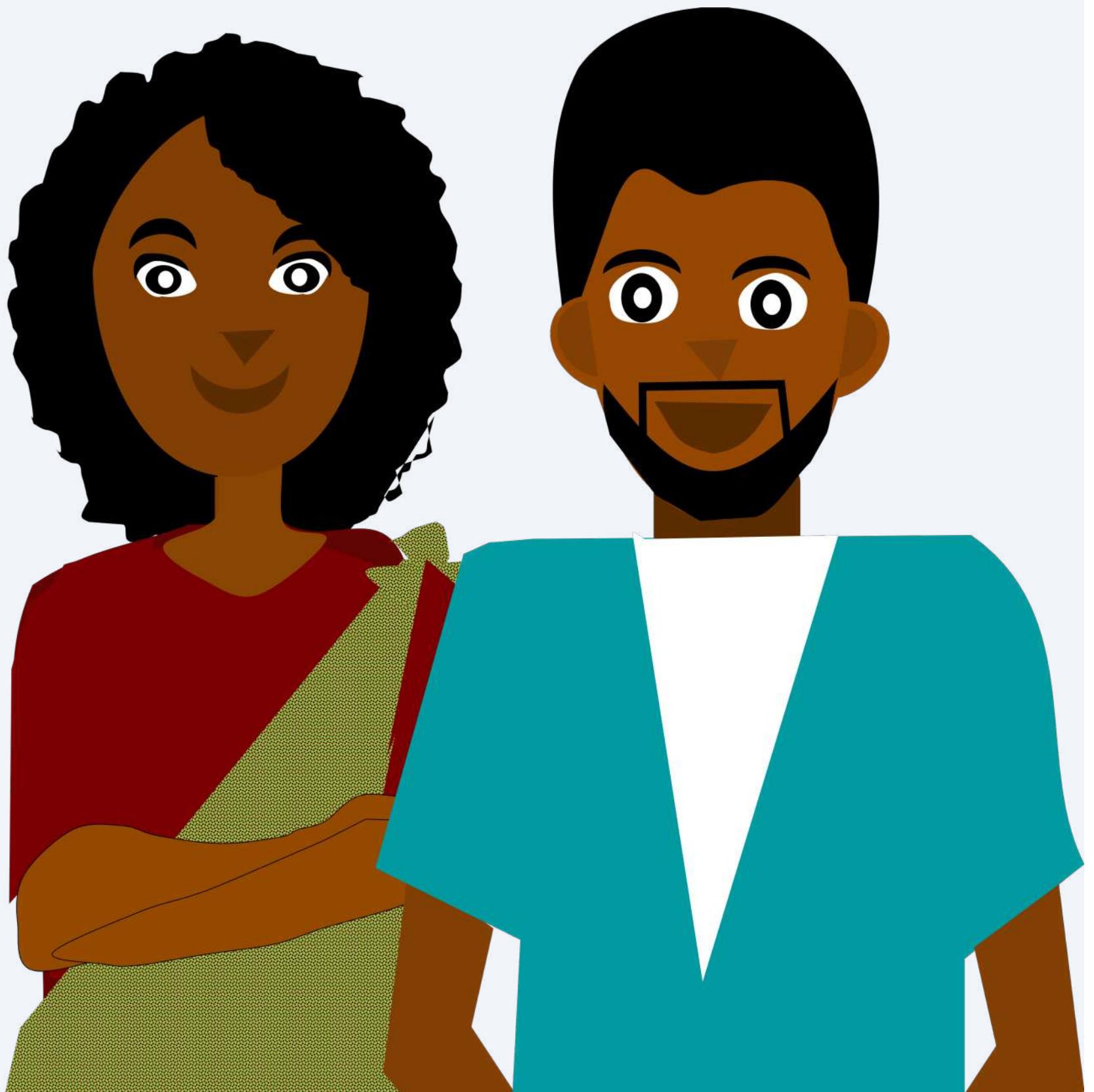
Nairobi Office | P.O. Box 40870 – 00100 Nairobi,
Tel: +254707 818 182 | +254723 115 737

Email us at: reception.nairobi@lutheranworld.org
Website: kenyadjibouti@lutheranworld.org

This is Lulu. She is 7 years old.
Lulu lives in Kakuma Refugee
camp with her mother and father.



Hello there, we are Mr. and Mrs. Safari. We are Lulu's parents.





When someone is forced to flee from their home, they seek safe haven in refugee camps.

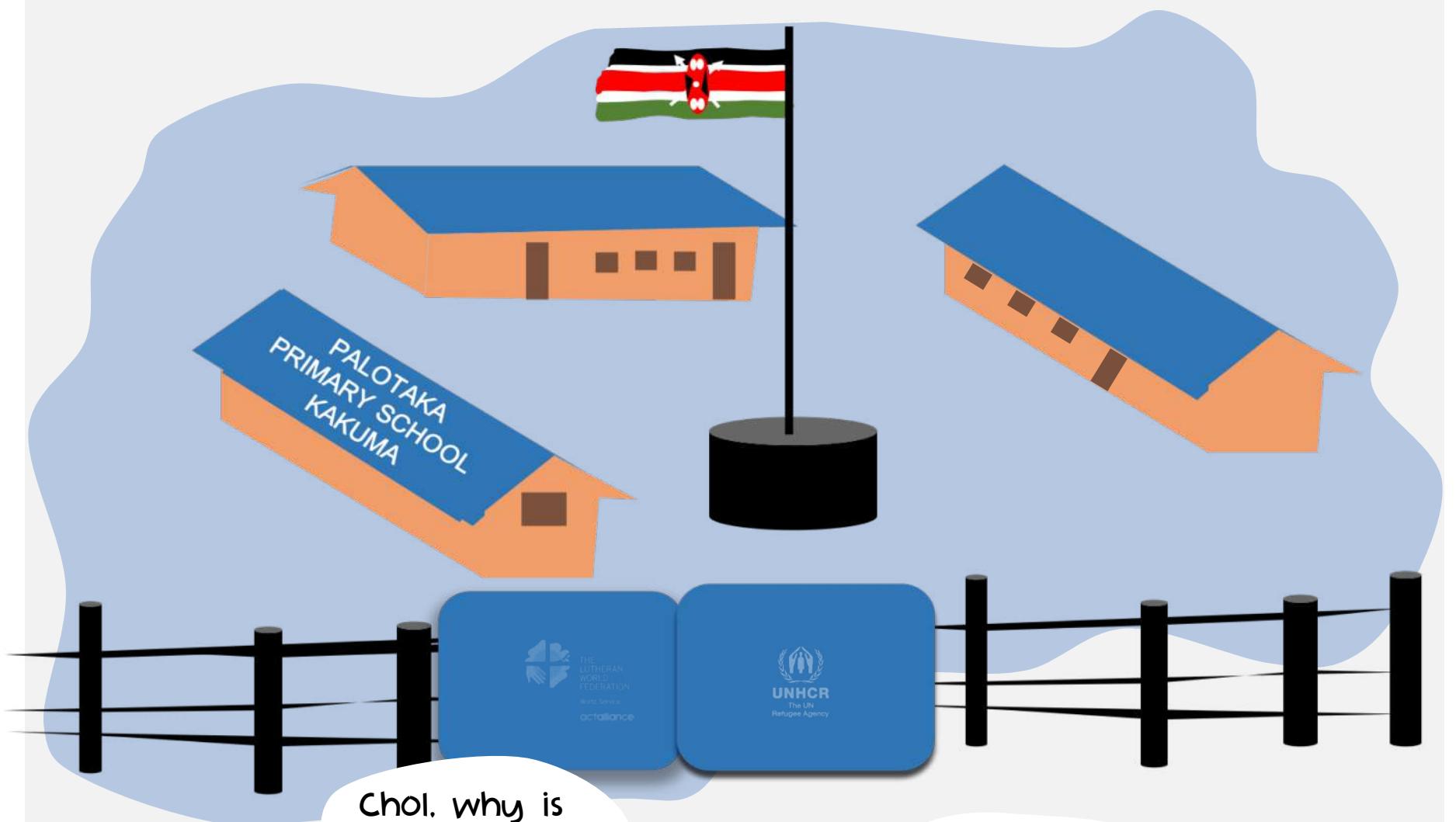
Do you remember where Lulu and her parents live?

Lulu and her parents live in
Kakuma Refugee Camp Did you
know the word “Kakuma”
means the middle of
nowhere in Swahili.



Lulu enjoys going to school. In school, she has many friends.

One morning they went to school and found their school closed.

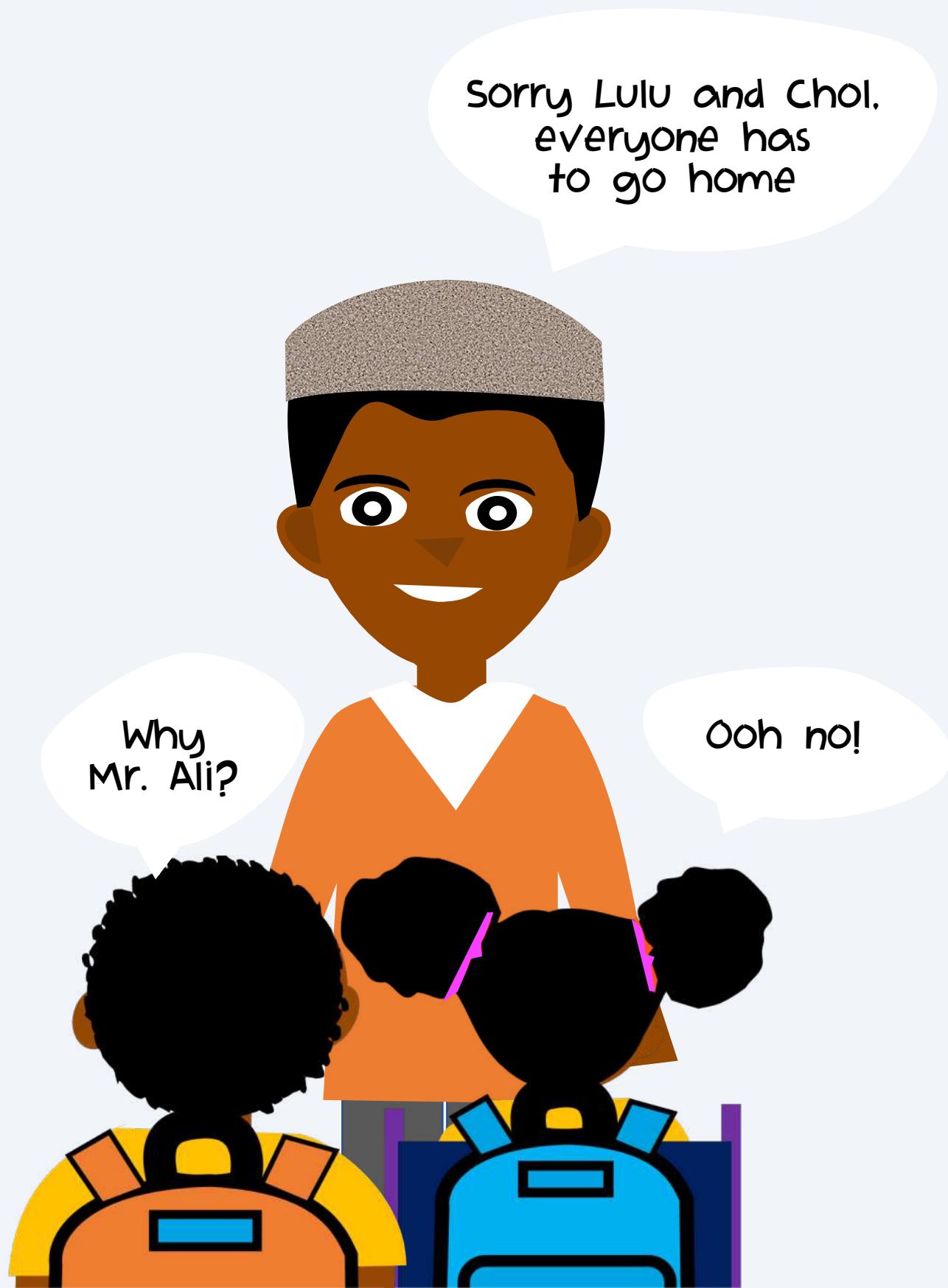


Chol. why is the school closed?



I don't know Lulu. Let us ask Mr. Ali.





Sorry Lulu and Chol,
everyone has
to go home

Why
Mr. Ali?

Ooh no!

The teacher told them that the schools were closed to prevent the spread of a new virus that was infecting people worldwide.

Lulu went back home,
disappointed.



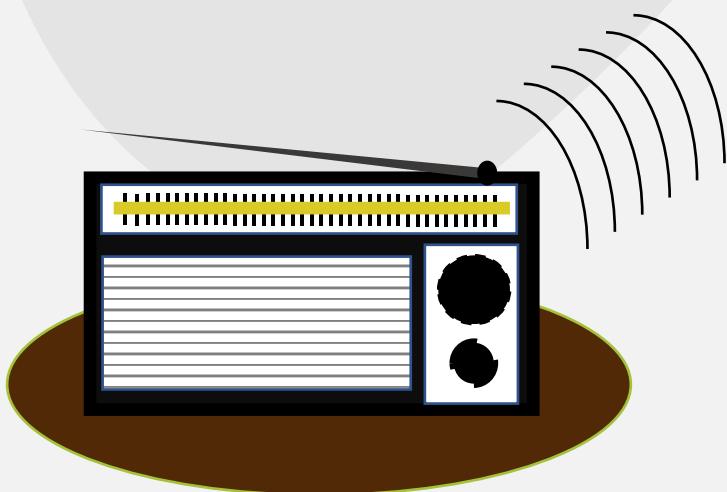
That night she could not sleep. She was scared of the new virus and thought of her friends and her teacher.



The next day she asked her parents what the new virus was and when it will end so she can go back to school.

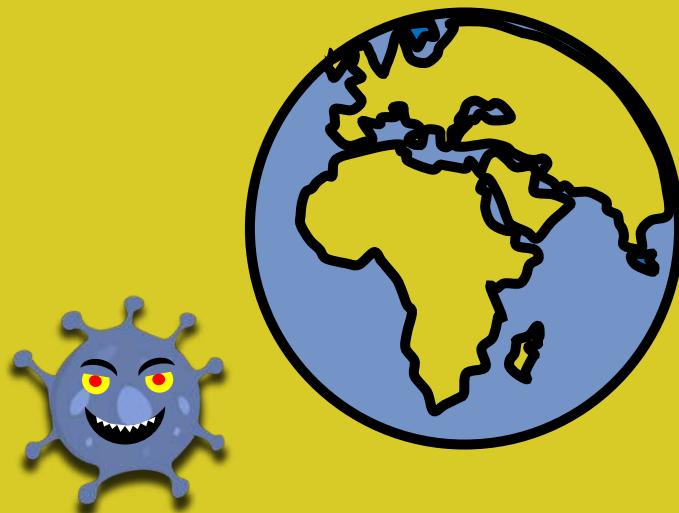


Once the virus is controlled, the Government will announce the reopening of the schools", her father said



"Lulu, the new virus, is called the Coronavirus.

Corona Virus causes a disease called COVID-19. It is a new respiratory disease that can quickly spread from one infected person to another. It spread through contact with droplets produced by an infected person when they cough or sneeze. Symptoms of COVID-19 include; fever, cough, headache, body aches, and difficulty in breathing. World Health Organization advises us to wash our hands after touching surfaces and objects.



"Do not worry, Lulu. There are many ways to protect yourself from the Coronavirus. Just follow these steps. They are as easy as 123", her mother said



Here are the steps you can take.

1



You have to wear a face mask when going outside and avoid touching your face.



2

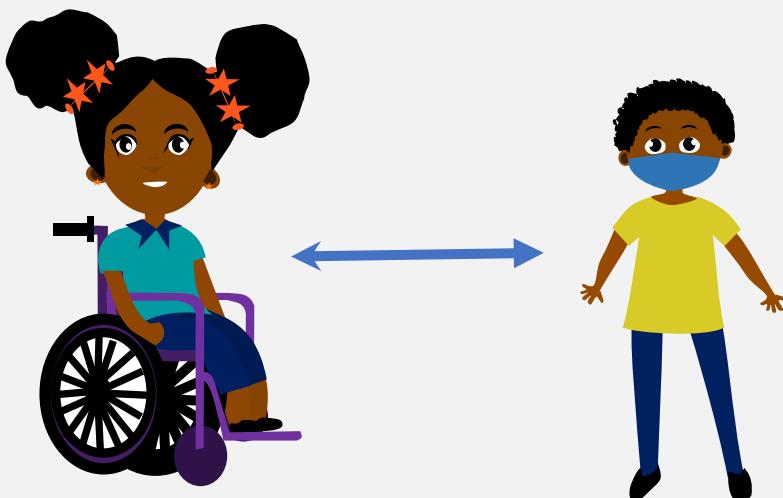
Wash your hands with running water and soap.

3

Coughs and sneeze into your elbow



4



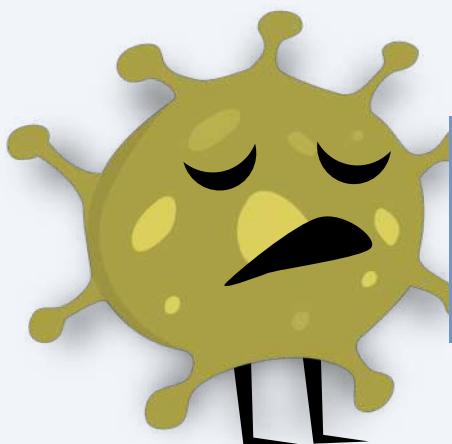
Keep a distance of 3 steps from your friends or family.

From that day, Lulu started practicing steps that help prevent the spread of the Coronavirus.



While waiting for school to open, Lulu helps her mother at home,

and listens to radio lessons to continue learning.



Just Like Lulu, we can all learn how to protect ourselves.

We can all be heroes
and stop the spread of the
Coronavirus. Remember, anyone
can become sick of
COVID-19. We should all
be kind to each other.



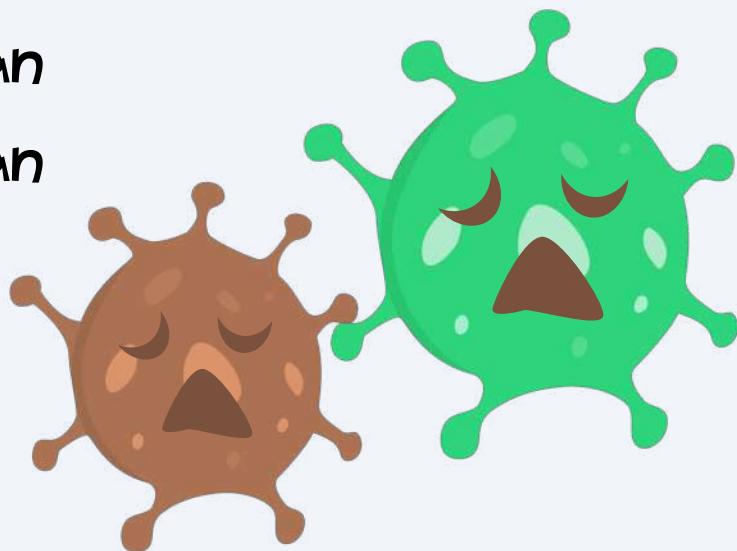
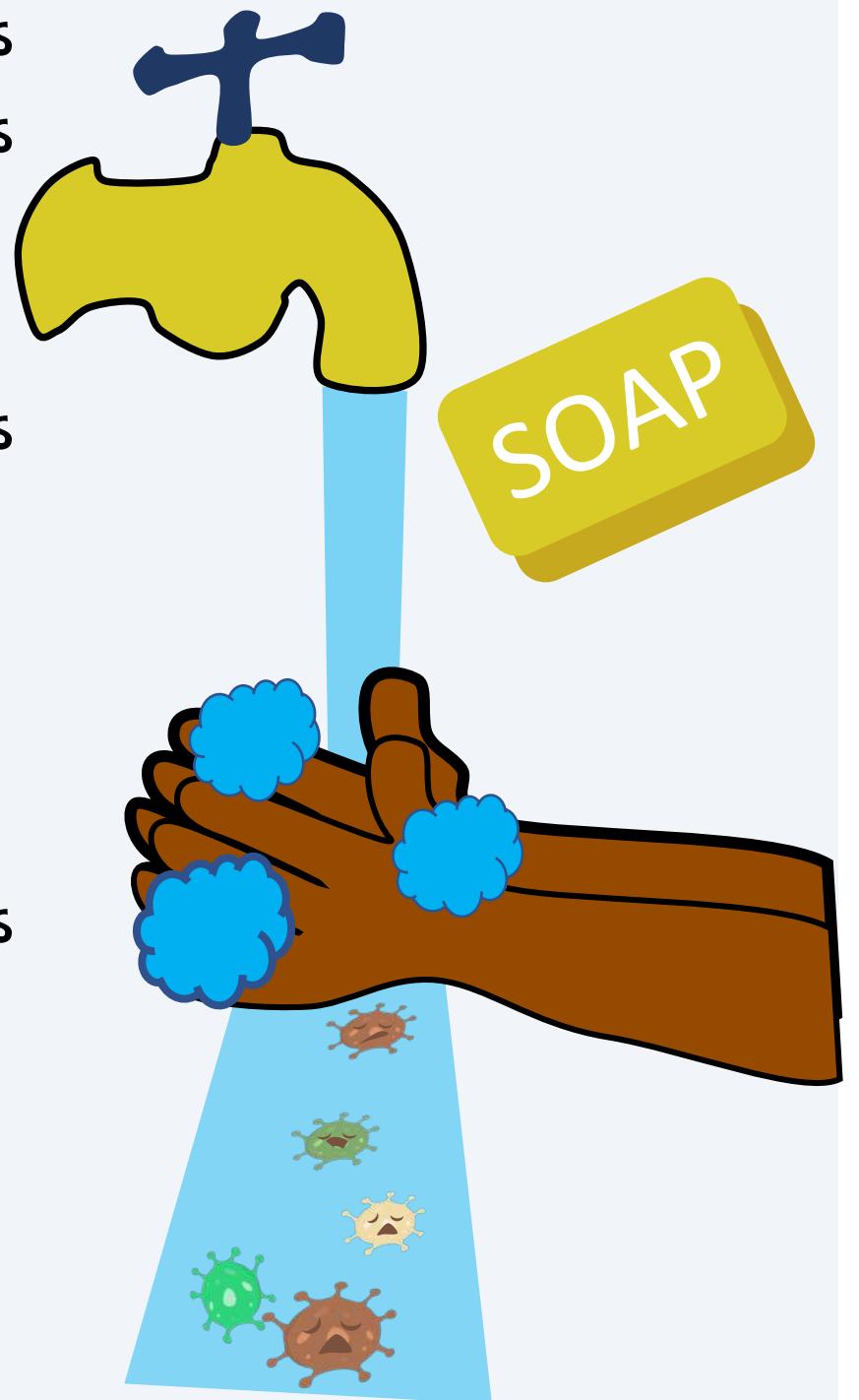
Recite this when washing hands

Wash wash wash your hands
Wash wash wash your hands
Be corona free

Wash wash wash your hands
Gentle wash them clean
Gentle wash them clean
Be corona free

Wash wash wash your hands
Gentle wash them clean
Gentle wash them clean
Be corona free

Wash wash wash your hands
Gentle wash them clean
Gentle wash them clean
Be corona free
All be corona free

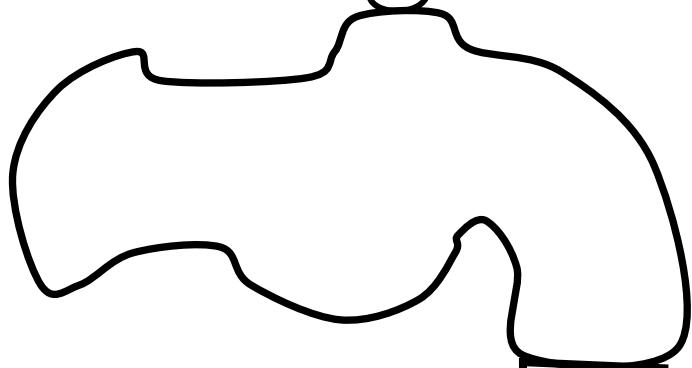
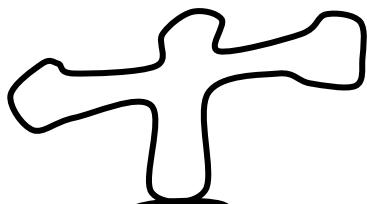
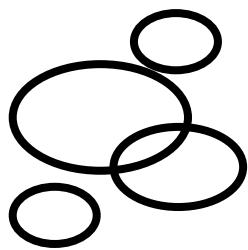
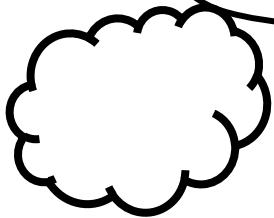
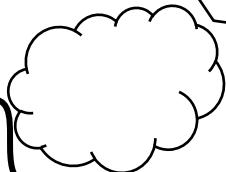
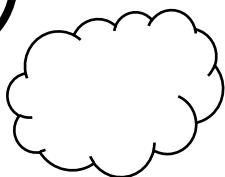
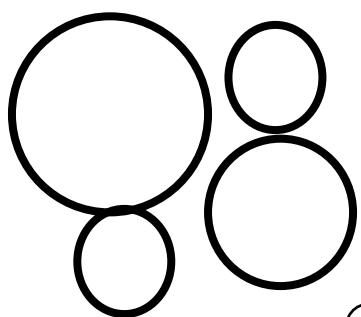


NOTE: Sing with the tune of row, row your boat

COLOUR
ME UP



COLOUR
ME



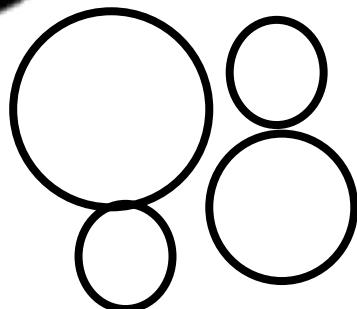
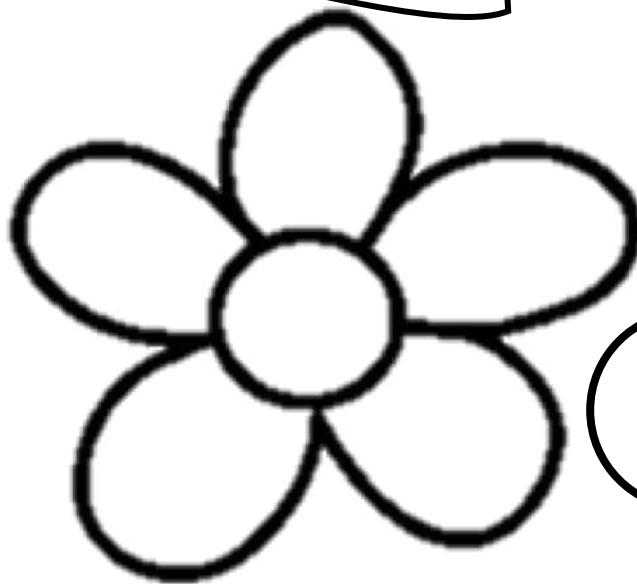
WASH

HANDS

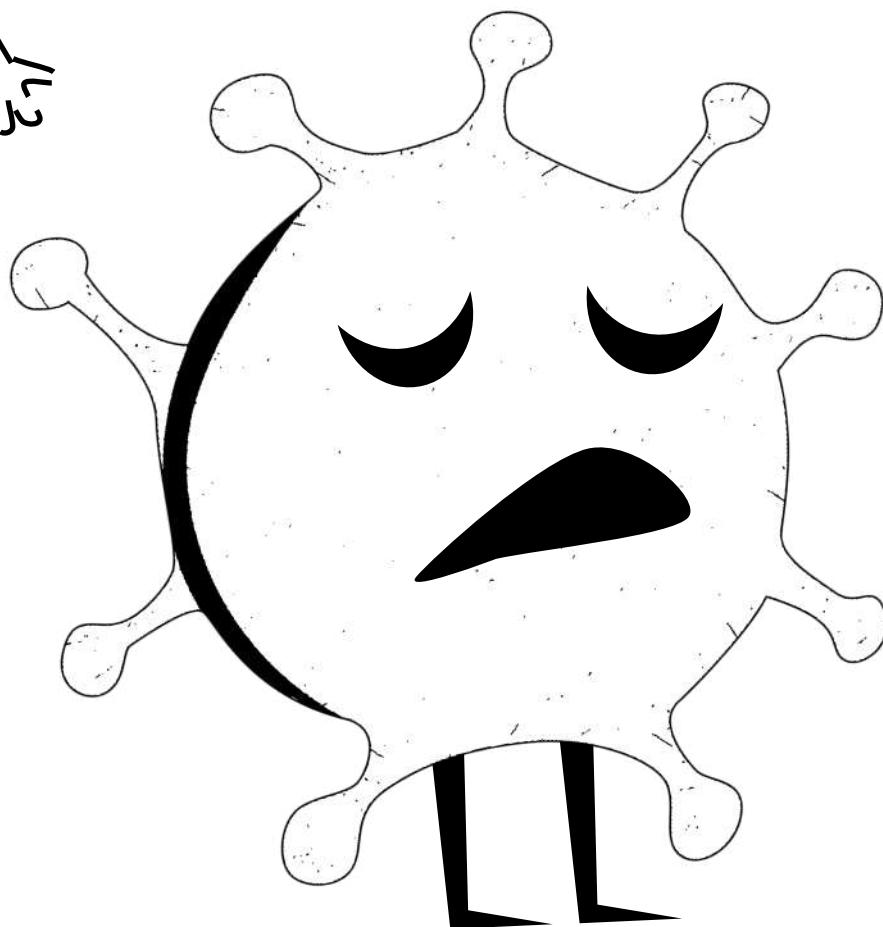
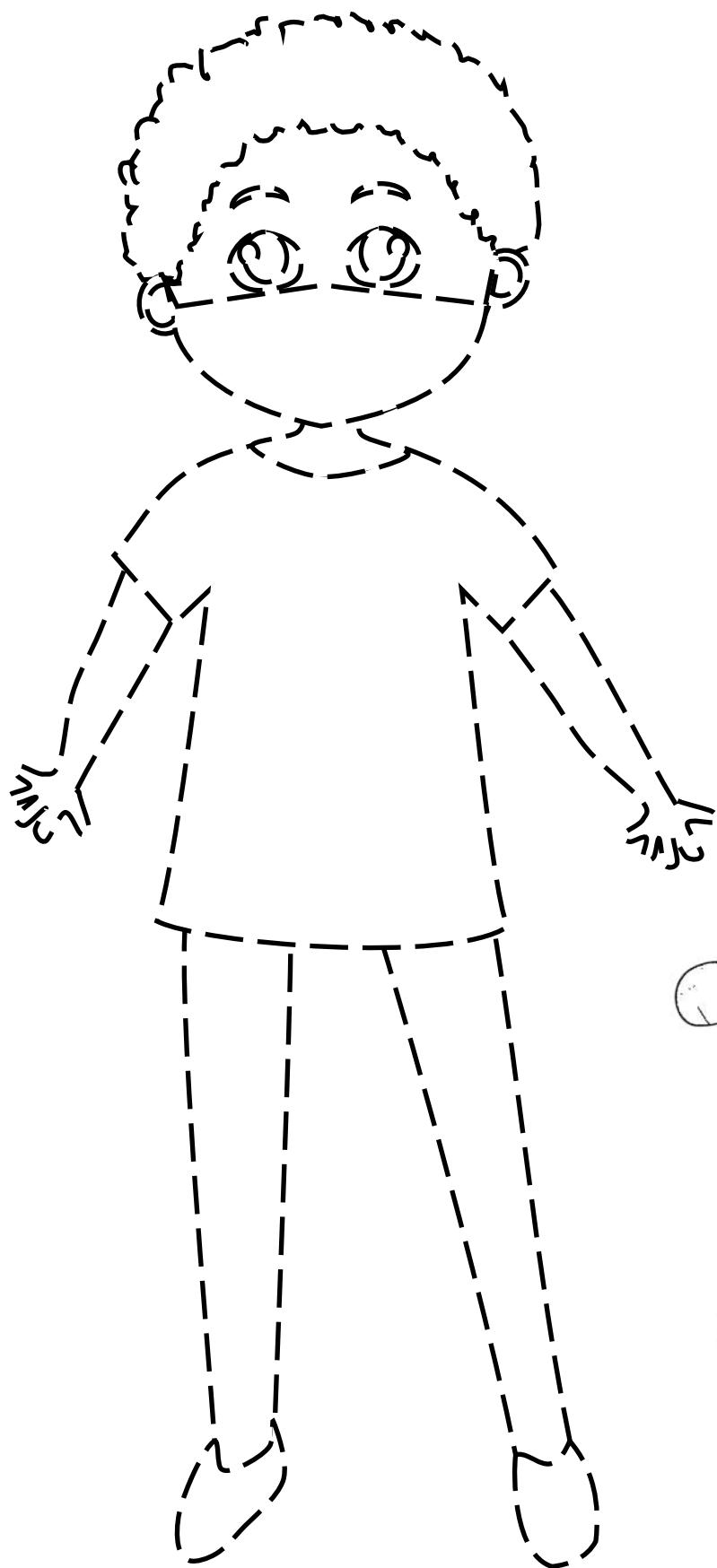
with

SOAP

& Running Water



JOIN THE
DOTS &
COLOR



Parents/Guardians Information

Do you know a child living in Kakuma and Kakuma Refugee Camp who is stressed, worried, and abused during this period?

You can reach LWF for help and guidance on all issues of protection.
Call LWF Child protection 0800721330 for free.



THE
LUTHERAN
WORLD
FEDERATION

World Service

actalliance